

YMCA Camp U-Nah-Li-Ya Weekend Family Programs Packing List

Pack the clothes that you will feel most comfortable in. Our programs are designed to be run outside as much as possible so please prepare for all expected types of weather. You are responsible for all of your personal items while at Camp. Please leave valuables at home – Camp U-Nah-Li-Ya is not responsible for lost, stolen, or damaged items.

Check	Qty.	Necessary Items	Description
	1-2	Sweatshirt or Jacket	If your child tends to get cold, please make sure they can layer these items
	2	T-shirt	Short or long sleeved
	2	Pants	
	3-4	Socks	One pair/day plus one extra pair
	3-4	Underwear	One pair/day plus one extra pair
	1	Pajamas	Top and bottom
	1	Rain Jacket/Poncho	
	1	Close-toed shoes	Old shoes work well; These WILL get dirty/wet
	1	Sandals	
	1	Back-up Shoes	Close toed
	1	Swim Suits	Polar Plunge, Sauna and Swimming
	1	Hat/Headband	
	1	Towel	
	1	Sleeping Bag	Bunks are twin sized*
	1	Pillow	
	1	Water Bottle	Preferably 32oz
	1	Flashlight/Headlamp	
	1 set	Toiletries	Toothbrush, toothpaste, soap, shampoo, feminine products, hairbrush, sunscreen, deodorant, etc.
	1	Garbage Bag	For dirty or wet clothes
Fall and Spring Necessary Additions			
	1	Insect Repellent	
	1	Sunscreen	
		Raincoat	VERY necessary for Fall and Spring
	1	Shorts	If weather permits; Please check forecast before packing
Winter Necessary Additions			
Please make sure your child will be warm enough to spend up to 3 hours outside at a time.			
	1	Insulated Jacket	
	1	Gloves	Extra pair; warm and waterproof
	1	Scarf and Hat	
	3-4	Heavy Socks	
	1	Long Underwear	
	1	Snow Pants	Preferably waterproof
	1	Insulated Waterproof Boots	

Optional		
\$30	Spending Money	For Camp Store
1	Sunglasses	
1	White Cotton Clothing	For Tie Dye if offered
1	Fan or Noise Machine	To help with sleep
1	Cooler/Ice and Beverages	
1	Camp Chairs	For campfires at cabins
1	Music Player	No inappropriate music please
1	Fishing Pole	Camp also has some that you may use
1	Bikes	Camp has some but if you prefer you can bring your own
1	Cards/Board Games/Yard Games	
1	Headphones/Earplugs	To help with sleep
1	5 Gal Bucket with Lid	To catch frogs and turtles
1	Frog Catching Net	To catch frogs and turtles
1	Snacks	No nuts please
1	Ibuprofen or Tylenol	
1	Tums or Antacid	
Please do NOT bring		
Illegal drugs, weapons, pets (service animals ok), fireworks, ATV's, Golf Carts,		



YMCA CAMP U-NAH-LI-YA
PLACE OF FRIENDS