

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

### CAMP U-NAH-LI-YA

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### OVERNIGHT CAMP



compassion • environment • leadership • resilience **REGISTER TODAY!** 

campunahliya.org

#### **ABOUT YMCA CAMP U-NAH-LI-YA**

#### ABOUT US

The Camp U-Nah-Li-Ya experience is so much more than summer camp, your camper will return to you with new skills, memories, values, and friendships that will last a lifetime. At Camp U-Nah-Li-Ya, campers will develop resilience through adventures, build meaningful relationships with exceptional role models, and gain independence and confidence. Throughout our programs, staff focus on instilling youth with the core values of the YMCA: caring, honesty, respect, and responsibility.

We are located near Mountain, Wisconsin. Nestled in the Chequamegon–Nicolet National Forest with 158 wooded acres, three bodies of water, and newly renovated facilities. It is the perfect setting to provide your camper with an unforgettable summer experience.

#### **ABOUT OUR TEAM**

Each staff member is carefully selected after a rigorous interview process based on their proven abilities working with children and their desire to support our mission. All staff members must demonstrate exceptional character, and undergo extensive screening including a minimum of 7 professional references, national sex offender database check, and criminal background checks. Staff are certified in CPR, First Aid, and Lifequarding by the Red Cross. Pre-camp training includes outdoor skills, activity facilitation, managing group dynamics, safety and health training, child development, and more. Our staff is made up of veteran campers who have progressed through the entire Camp U-Nah-Li-Ya program, certified international staff from all over the world, and university students aspiring to work with youth as a career. We believe in building a diverse, skilled, ethical, and passionate staff to provide the best experience for our campers.

#### **OUR YMCA MISSION**

To put Christian principles into practice through programs that build healthy spirit, mind, and body for all.

#### **OUR PURPOSE**

Improve the world through improving people.

#### **OUR HISTORY**

Since 1937 we have served the children and families of the Greater Green Bay area. Our long standing traditions are rooted in our beginnings as a logging camp in an area famous for its fur trading and trapping history. Many of the tried and true activities at Camp U-Nah-Li-Ya such as canoeing, the legend of Ole Peterson, and the Nor'Wester Trip are tributes to where we began. Each year we make improvements and expansions to our facilities and programs. Today we serve over 1,000 campers from many different states and even other countries!

#### FEES AND REGISTRATION

Registration is a quick and easy online process at www.campunahliya.org. A \$100 deposit per camper is required at the time of registration. A variety of payment plans are available to meet specific needs and can be arranged by phone. The balance of the program fee must be paid in full at least 30 days before your camper's session. We believe every child deserves a summer camp experience, financial assistance is made available through contributions to the YMCA's Annual Campaign, call camp for more information. A two-week notice is required to withdraw a camper from a program and receive a partial refund. If appropriate notice is provided, your camp fees minus the \$100 deposit per camper per week will be refunded to you.

OUR GOAL is to provide every camper with the opportunity to develop compassion for all, environmental awareness, leadership skills, and resilience.



#### **LOCATION OF CAMP** Check out camp on Google Maps. 12101 Y Camp Rd Suring, WI 54174 **FROM GREEN BAY** 1 hour ▶ 57 miles CAMP U-NAH-LI-YA Green Bay **FROM OSHKOSH** 1.5 hours ▶ 81 miles **FROM MADISON** 3 hours ▶ 167 miles Madison Milwaukee **FROM CHICAGO** 4 hours > 263 miles



YMCA CAMP U-NAH-LI-YA | 715 276 7116 | CAMPUNAHLIYA.ORG



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**Spacious Dining Hall** 



**Comfortable Bunk Rooms** 





#### Camp U-Nah-Li-Ya is now offering more cabin rentals than ever!

Check out our rental booking system. Scope out rates, book a rental and make payments online at your convenience: www.campunahliya.org/cabin-rentals.



Camp has several cabins with bathrooms. These are designated for our youngest campers. Two independent bath houses serve the campers on the East and West sides of camp. Campers attend bath houses as a group, supervised by staff. Shower times are scheduled by age. Bath houses are cleaned and sanitized multiple times per day.

Meals are eaten in the Dining Hall, the largest building and the heart of camp. Food is prepared in our modern kitchen by our skilled and passionate food service team. Our kitchen is inspected annually by the health department and has an outstanding record for cleanliness and quality. Meals are well balanced with fruits and vegetables at every meal, and a full salad bar available at least once per day. We are happy to accommodate any dietary needs, just give us a call or add a note during registration.



We encourage parents to be involved in making sure campers have a fun, safe, and comfortable experience at Camp U-Nah-Li-Ya. Check out our interactive tour at campunahliya.org, or give us a call and schedule one in-person!





#### OFFERED SELECT SESSIONS

June 15-18
June 22-25
July 6–9
July 13-16
July 20-23
July 27–30
Aug 3–6
Aug 10-13

We understand that our camp families have differing abilities to pay, so we offer a tiered pricing system to better accommodate all financial situations. Your choice does not influence the quality of the camp experience that your child will receive.

 Tier A: \$650

 Tier B: \$601

 Tier C: \$552

This introductory program allows your new camper to experience the excitement of overnight camp from Sunday through Wednesday – 3 nights, and 4 days.

Campers will select a Specialty Area, have access to all choice activities, play all-camp games, spend time with their cabin group, visit the Camp Store, and enjoy open recreation times under the supervision of the camp staff. This program is a wonderful bridge from day camp to overnight camp.





#### 4 & 6 DAY RESIDENT CAMP SAMPLE DAILY SCHEDULE:

7:15	Wake-Up Bell &
	Optional Polar Bear Swim
8:00	Thought for the Day –
	YMCA Character Value Activity
8:15	Breakfast
9:30	Specialty Area
12:15	Lunch
1:00	Rest Hour
2:15	Open Recreation Time
3:30	Cabin Group Activity Time/
	Choice Activity Time
5:15	Dinner
6:30	Evening Program –
	Camp Game/Cabin Activity
7:30	Campfire Program
8:30	Taps – Daily Reflections/
	Cabin Bonding
9:30	Lights Out

Our classic overnight camp experience for campers who are ready to take on a week away from home, or who are coming back for more!

> Every 6-Day camper gets to enjoy a Wednesday campout under the stars, choice activities, daily free time, cabin bonding activities, and visiting the Camp Store.



**OFFERED ALL SESSIONS** 

Evening activities include all-camp games like Capture the Flag, skits, s'mores around the campfire, and a camp dance!



Week 2 June 15-20 Week 3 June 22-27 Week 5\* July 6-11 Week 6 July 13-18 Week 7 July 20-25 Week 8 July 27-Aug 1 Week 9 Aug 3-8 Week 10 Aug 10-15 \*Medieval Theme Week

We understand that our camp families have differing abilities to pay, so we offer a tiered pricing system to better accommodate all financial situations. Your choice does not influence the quality of the camp experience that your child will receive.

Tier A: \$877 Tier B: \$797 Tier C: \$733

Campers choose a Specialty Area for the week, where they will develop specific skills and participate in specialized activities daily.





During the morning, resident overnight campers will spend their time receiving in-depth instruction in one of our six Specialty Areas. Campers will progress through program challenges and learn in-depth skills. Campers will be recognized at the end of the week with a patch for their efforts and growth in their Specialty Area. Returning campers can push themselves to be challenged more each summer and collect all of our program patches!



#### **ADVENTURE SPORTS**

Campers will feast on adrenaline as they spend the week ascending the climbing wall, riding fat tire bikes and kayaking. Campers will identify their personal limits and learn to conquer challenges in order to grow.



#### **ARTS AND CRAFTS**

Campers express their creativity through a variety of artistic media. Painting, sculpting and weaving are just some of the disciplines explored. At the end of the week, they will have a great understanding of how time and effort can produce works of art they can display with pride.



#### **FISHING**

This is the perfect specialty area for kids who love the thrill and challenge of hooking Wisconsin's freshwater sport fish. From shore and watercraft, campers in the Fishing specialty area will learn in-depth tactics for catching pan fish, bass and northern pike. This specialty area gives each camper extended opportunities to fish and maximizes their quality time with our counselor role models.

#### **SELECT YOUR SPECIALTY AREA**

When you register, please be sure to select your camper's main interest so that we can get your camper into the area of their choice. Specialty Areas are assigned on a first come, first served basis. If an area is full, campers may choose from the remaining available Specialty Areas.



#### MARKSMANSHIP

This area includes archery, riflery, slingshots and atlatls. Everything begins with a firm foundation of safety practices and then grows to advanced techniques and competitive marksmanship. Hit a bullseye, knock over the can, and score points while learning self-discipline and self-control.



#### **SURVIVAL**

This area focuses on living with the forces of nature to survive and thrive in the great outdoors. Campers learn skills in fire building, shelter making, fishing and other bush craft skills. Muddy shoes, dirty hands, and big smiles are to be expected.



#### WATERCRAFT

In watercraft, campers will learn advanced skills in canoeing, kayaking and stand-up paddleboards. They will practice proper techniques such as wet exits from kayaks and T-rescues in canoes. As boating experts, they will be able to help their fellow campers in their cabins take to the water with ease.





### **TEEN ADVENTURE CAMPS**

Teen Adventure Camps are the perfect introduction to the world of high adventure outdoor recreation in America's great Northwoods. These camps are tailored for adventure seekers ages 12-14 and are designed to grow your camper's character. Each has a specific intensity level and run in one week durations. Whether your camper is a first timer or they are ready for the most physically demanding camps, we have a program that is great for your kid. These camps are specialized adventure programs that fill up fast! You'll want to register as early as possible to secure your spot.

#### FLAMBEAU RIVER TRIP ightarrow

This is the ideal trip for beginning canoeists. Shorelines are fully wooded with big sections of wide river, perfect for a scenic float. Wildlife viewing and fishing opportunities abound. Campers will spend 2 nights and 3 days navigating approximately thirty miles of this big, majestic river. Campsites are common and well maintained. This trip is sure to ignite your teens' passion for outdoor adventures on Wisconsin's waterways.

WEEK 2: June 15-20

Tier A: \$903 | Tier B: \$813 | Tier C: \$767

#### NAMEKAGON RIVER TRIP igtriangleup

We are bringing back a Teen Adventure Camp classic: the NAMEKAGON RIVER TRIP! The Namekagon River is a beautiful, beginner-friendly canoeing route through northwest Wisconsin. This river is home to many of Wisconsin's iconic wildlife, including trout, sturgeon, bald eagles, and even badgers! Packed with exciting class 1 ripples, a strong current, and fast bends, this river guarantees a beautiful and memorable introduction to backcountry river tripping. WEEK 3: June 22-June 27

Tier A: \$903 | Tier B: \$813 | Tier C: \$767



#### BORDER BRULE RIVER TRIP igtriangleup

There are two "Brule Rivers" in Wisconsin and this year we are exploring both! This particular trip navigates the Brule River that runs west to east and creates the border between Wisconsin and the Upper Peninsula of Michigan. This is a wonderful stretch of river with a solid steady current. The river runs quietly through some of the most pristine wild country in the Midwest. Here campers will encounter deer, eagles, beaver and have abundant opportunities to fish, notably for Brown and Brook Trout. Numerous riffles and small Class 1 rapids make this a great river for novice paddlers. Total distance is 46.3 miles of waterway, with 3 nights 4 days on trail. WEEK 5: July 6-11 Tier A: \$903 Tier B: \$813 Tier C: \$767

#### SYLVANIA WILDERNESS BACKPACK 🛆 ⊿

Heading 2 hours north from U-Nah-Li-Ya brings our campers to the pristine Sylvania Wilderness in the Upper Peninsula of Michigan. This 18,327 acre wilderness offers campers a perfect introduction to our longer wilderness trips in the Boundary Waters. With 34 lakes, dispersed through beautiful old growth forests, there are endless opportunities for exploration and discovery.

WEEK 5: July 6-11 Tier A: \$903 | Tier B: \$813 | Tier C: \$767

#### WHITEWATER RAFTING $\land$ $\land$

Embark on a thrilling 5-day whitewater adventure across 4 distinct Wisconsin rivers. With a revamped schedule providing more opportunities for swift water kayaking and rafting, participants will navigate thrilling rapids, including the challenging "Piers Gorge" on the Menominee River. Professionally guided by third-party river guides, the action-packed journey covers a total of 26.8 miles, promising non-stop excitement and unforgettable memories.

WEEK 6: July 13-18

Tier A: \$975 Tier B: \$901 Tier C: \$829

#### BOIS BRULE RIVER TRIP ightarrow

Explore Wisconsin's Bois Brule River, known as "The River of Presidents." This trip offers experienced teen canoeists a thrilling journey through diverse landscapes, including peaceful meandering riffles, an 8-mile stretch of exhilarating Class 1 and 2 rapids (with a small section of Class 3), and a tranquil waterway leading to Lake Superior. With a total trail distance of 38.4 miles, this expedition promises unforgettable thrills, exceptional fishing, and the chance to follow in the footsteps of Presidents Grant, Cleveland, Coolidge, Hoover, and Eisenhower. WEEK 6: July 13-18

Tier A: \$903 | Tier B: \$813 | Tier C: \$767









#### PICTURED ROCKS BACKPACKING TRIP $\triangle$ $\triangle$ △

Sandstone cliffs, beaches, sand dunes, waterfalls, forest, and shoreline await you at Pictured Rocks National Lakeshore. Hiking, camping, and sightseeing opportunities abound. The lakeshore hugs the Lake Superior shoreline for more than 40 miles. Lake Superior is the largest, coldest, and most pristine of all the Great Lakes.

WEEK 9: August 3-8 Tier A: \$945 | Tier B: \$874 | Tier C: \$804

#### PORCUPINE BACKPACKING & CLIMBING TRIP 🔺 🔺

Campers will get to experience the thrills of mountain terrain backpacking and rock-climbing the Iron Mountain and Porcupine Mountain regions. Campers will spend three nights camping in the backcountry and hiking to some of Upper Michigan's most beautiful rock climbing destinations. They will learn the safety fundamentals of backpacking and climbing facilitated by our trained staff on beginner/less technical climbing routes.

WEEK 10: August 10-15 Tier A: \$903 | Tier B: \$813 | Tier C: \$767



LESS IN-TENTS"

MORE

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OVERNIGHT CAMP

### **EXCURSION TRIPS**

Excursion Trips are for our oldest and most seasoned campers. These trips are tailored for campers ages 14-17 and have a variety of intensity levels. Our experienced staff act as guides;

facilitating high adventure with an emphasis on

#### ISLE ROYALE BACKPACKING TRIP igtherallow ightarrow ightarrow

The Isle Royale Backpacking Trip is the ultimate island wilderness backpacking adventure. Situated 10 miles off the Canadian shore on an isolated island in Lake Superior, Isle Royale National Park is the most remote and infrequently visited National Park in America. Famous for its population of wild wolves (nothing to worry about) and moose, this island wilderness is only accessible by boat and offers over 165 miles of trail exploration. Our campers begin their journey by traveling to Houghton, MI and boarding the famous Ranger III passenger ferry. After a 3 hour voyage the ferry lands in Rock Harbor on Isle Royale. For the next 8 days and 7 nights our trippers will explore over 50 miles of trail. They will encounter lakes, mountain tops, streams and beaches where they'll put their camping and outdoor skills to the test.

WEEKS 2-3: June 15-June 27 Tier A: \$2,000 | Tier B: \$1,850 | Tier C: \$1,700



#### WESTERN BOUNDARY WATERS CANOE TRIP 📥 🔺 For ages 14–17

Ready for the next adventure in the Boundary Waters Canoe Area? The classic trip "The Nor'Wester" has traditionally explored the Eastern Side of the Boundary Waters. This trip will take campers on a new experience on the Western Side (Ely). New lakes, new portages and new challenges await!

WEEKS 2-3: June 15-June 27 Tier A: \$1,800 | Tier B: \$1,620 | Tier C: \$1,530 leadership and teamwork. These camps are one to two weeks in duration and offer a unique opportunity for campers to engage the wilderness like never before. These camps are specialized adventure programs that fill up fast! You will want to register as early as possible to secure your spot.

#### ROCKY MOUNTAIN ADVENTURE TRIP A A A A A For ages 15–17

Join one of our two Colorado adventures for the perfect blend of car camping and backcountry exploration! With a series of "base camps", participants will enjoy a range of activities from leisurely town days to challenging 14,000ft summits in the Sangre de Cristo mountain range. This custom-build experience not only acclimatizes Midwestern campers to higher altitudes, but also pushes them to new heights with a whitewater trip in Buena Vista. Don't miss this chance to cover 22-26 miles of rugged mountainous hiking and create lasting memories and breathtaking landscapes of Colorado.

#### WEEKS 5-6: July 6-July 18 Tier A: \$2,250 | Tier B: \$2,081 | Tier C: \$1,912

#### NOR'WESTER CANOE TRIP A A A A For ages 15–17

The quintessential trip of YMCA Camp U-Nah-Li-Ya. 9 days of paddling the Boundary Waters Canoe Area Wilderness, deeply rooted and celebrated traditions, and lifelong bonds only begin to describe the experience this trip brings to campers. Family and friends are invited to honor them upon return at camp.

WEEKS 7-8: July 20-August 1 Tier A: \$1,800 | Tier B: \$1,620 | Tier C: \$1,530





# INTENSITY LEVEL

#### ROCKS & RAPIDS COMBO $\wedge$ $\wedge$ $\wedge$

For ages 15-17

Experience the ultimate adventure with our Rocks and Rapids trip, a unique hybrid of backpacking and canoeing in the stunning Upper Peninsula! Traverse the breathtaking Pictured Rocks National Lakeshore for 5 days, explore the Grand Island Wilderness by boat for 3 days, and paddle down the Indian River for 3 days, discovering the mysterious Kitch-iti-Kipi spring. The grand finale includes a half-day whitewater rafting trip down the Menominee River in Niagara. Novice and experienced campers alike will be thrilled by the constant adventure and camaraderie.

WEEKS 9-10: August 3-15 Tier A: \$1,800 | Tier B: \$1,620 | Tier C: \$1,530









### LEADERSHIP PROGRAMS

Our Teen Leadership Programs give your teen a chance to develop their skills working with campers, their team, and our staff of

mentors. Designed for high school students, the Counselor in Training (CIT) program concentrates on building the skills needed to be an effective counselor and youth mentor.

#### CIT (Ages 14-16)

The first week of the CIT session focuses on learning effective leadership, teamwork, communication, problem solving, and how to be a positive role model to youth. CITs spend the second week of their session shadowing a camp counselor and working directly with a group of campers to assist in activities. No experience required. Campers will return home on the FRIDAY of their first week and return to camp on the SUNDAY for their second week.

WEEKS 2-3: June 15-27 WEEKS 5-6: July 6-18 WEEKS 7-8: July 20-August 1 WEEKS 9-10: August 3-August 15 Tier A: \$1,754 | Tier B: \$1,622 | Tier C: \$1,490

#### ASSISTANT COUNSELOR (Ages 16-17)

The final step in our leadership program, Assistant Counselors will partner with a different cabin group each week to develop group management strategies, assist in running large and small group activities, and learn what it truly takes to become a well-rounded counselor. Campers will return home on the FRIDAY of their first visit and return to camp on the SUNDAY of their second week. Completion of the CIT Program is REQUIRED.

WEEKS 2-3: June 15-27 WEEKS 5-6: July 6-18 WEEKS 7-8: July 20-August 1 WEEKS 9-10: August 3-August 15 Price: \$500







### ГАМІ YEAR-JND NAH PROGRAMS

### **FAMILY PROGRAMS**







#### At Camp U-Nah-Li-Ya, growth and adventure are available to you and your family in every season.

We offer year-round programming that allows your family to leave the hustle and bustle of the city, unplug, and focus on what is truly important: strengthening relationships, building character, and connecting with nature. Family and Adult programs offer exceptional opportunities to keep you active and engaged. Meet other families, try something new, and spend some true quality time together. We'll take care of all the planning, meals, and cleaning. If you're looking for an especially relaxing experience at camp with your family, we also offer seasonal cabin rentals.



- WINTER
- Winter Family Day
- Father/Child Weekend
- Cabin Rentals

#### SPRING

- Maple Sugar Festival Open House/Easter Egg Hunt
- Father/Daughter Weekend
- Women's Wellness Weekend I
- Cabin Rentals

#### SUMMER

- Father/Son Weekend
- 4th of July Cabin Rental

#### FALL

- Father/Daughter Weekends
- Father/Son Weekends
- Women's Wellness Weekend II
- Mother/Child Weekend
- Cabin Rentals/Hunting Cabins

#### FIND ALL THE DETAILS AND **REGISTER ONLINE AT** campunahliya.org



YMCA CAMP U-NAH-LI-YA **GREATER GREEN BAY YMCA** 12101 Y Camp Road Suring, WI 54174 campunahliya.org



F YMCA Camp U-Nah-Li-Ya



**O** campunahliya

#### **CHECK OUT CAMP ON GOOGLE MAPS:**

12101 Y Camp Rd Suring, WI 54174

> FROM GREEN BAY CAMP U-NAH-LI-YA 1 hour ▶ 57 miles

Green Bay

**FROM OSHKOSH** 1.5 hours ▶ 81 miles

**FROM MADISON** 

3 hours ▶167 miles Madison

Milwaukee **FROM CHICAGO** 

4 hours ▶263 miles

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## CONNECT @ CAMP

TODAY, MORE THAN EVER KIDS NEED CONNECTIONS WITH PEERS, ROLE MODELS, THE OUTDOORS & THEMSELVES.